

LEADING BASIC INDICATIONS For SOME DRUGS IN THEIR PRIMARY FORM.

Alcohol, Bad Effects from: Such as spasmodic hiccough, delirium tremens we find **ranunculus bulbosus** a good remedy. Bad effects of drunkenness in light complected people **lobelia** is a good remedy. In dark complected, **nux vomica**.

Anemia:

- **Ferrum met. or acetate:** Color grayish and in some cases grayish green. The least exertion or excitement causes a rush of blood to the head.
- **Kali carb:** The patient is greatly debilitated, especially at the age of puberty. Pain and great weakness in the back. Skin is of a milky white or watery color, puffing of upper eyelids, often with a tendency to dropsy on account of lack of red blood corpuscles.
- **Natrum mur.:** Gets exhausted from the least exertion. Although patient eats well, will grow poorer and poorer. There is marked depression. Headache of throbbing nature, There may be palpitation or fluttering of the heart. Menstruation scanty. Although depression is marked does not want to be consoled.
- Other remedies that act favorably in anemic conditions are **calcium phos., helonias, phosphorus, pulsatilla**.

ANTI REMEDIES.

Antipsoric Remedies: Causticum, graphites, psorium, sulphur.

Antisycotic Remedies: Nitric acid, sabina, staphisagria, thuja o.

Antisyphilitic Remedies: Mercurius, nitric acid.

APPETITE.

Craving for certain food, etc.:

- **Acid things:** Calcium, hepar sulph., veratrum album.
- **Bread and butter:** Ferrum acetate, ferrum met.
- **Eggs:** Calcarea ost.
- **Ham rind:** Calcium phos.
- **Matches:** Sulphur.

- **Meat in scrofulous children:** Magnesium carb.
- **Salt or salty food :** Causticum, natrum mur., phosphorus.
- **Starch, charcoal, etc., in anemic subjects:** Alumina.
- **Sugar:** Argentum nit. Hunger and relief from eating:

Acetic acid: Hunger, eats well, still loses flesh.

Anacardium o.: Pain comes on a few hours after eating and eating then gives some relief. Pain extending to spine with an all-gone sensation.

Chelidonium: Hunger, eating relieves pain in stomach if there are liver symptoms.

China: Full, oppressed feeling, eructations do not relieve. Still there is canine hunger.

Ferrum met. or acetate: Canine hunger, alternate with complete loss of appetite. Regurgitation of food after eating.

Iodium: Feels relieved after eating or while eating, canine hunger, but grows poor. Wants to eat all the time, feels only good after eating or while stomach is filled.

Lycopodium: Feels hunger but the first few mouthful make patient feel filled up.

Natrum mur.: Is hungry but loses flesh. Feels dull after eating, with a sense of fullness in liver and stomach until digestion has advanced.

Nux vomica: Pain in stomach 2 or 3 hours after eating, when digestion is over.

Petroleum: Pain in stomach relieved by eating.

Phosphorus: Faint feeling, must eat often to stop faint feeling.

Repugnance or aversion to certain food:

- **Beer:** Asafetida, belladonna, china, nux vomica, pulsatilla.
- **Brandy:** Ignatia am.
- **Broth:** Arnica.
- **Cold water:** Caladium, china, nux vomica, stramonium,

tabacum..

- **Fat food:** Carbo an., carbo veg., hepar sulph., natrum mur., petroleum.
- **Fish:** Zincum met.
- **Hot food:** Calcium, cuprum, graphites, ignatia am., lycopodium, mercurius, petroleum, silica, veratrum album, zincum met.
- **Hot water:** Kali.
- **Meat:** Colchicum, drosera, zincum met.
- **Milk:** Ammonium carb., belladonna, ignatia ani., natrum, nux vomica, pulsatilla, sepia, sulphur.
- **Mother's milk:** Cina, mercurius, silica, stannum met.
- **Potatoes:** Alumina.
- **Salt food:** Graphites, selenium.
- **Sweet food:** Graphites.
- **Vegetables, green:** Helleborus n., magnesium.

Suffering from certain food, etc.:

- **Acid taste after eating, but especially after bread:** Nitric acid.
- **Acid food, suffering from, after taste:** Natrum mur.
- **Bread:** Pulsatilla.
- **Butter:** Carbo an., carbo veg., pulsatilla.
- **Eggs, nausea from.:** Colchicum.
- **Fat food:** Pulsatilla, sulphur.
- **Fat food, sour regurgitation from:** Calcium, carbo veg., ferrum acetate, lycopodium.
- **Fat food, acid taste from:** Ambra g., carbo veg., lycopodium, sulphur.
- **Milk:** Chelidonium, nitric acid, sulphur.
- **Milk, distention from:** Carbo veg.
- **Potatoes:** Alumina.
- **Salt food:** Carbo veg.
- **Tea:** Ferrum, selenium, thuja oc.

During meal:

- **Suffering with pain in abdomen:** Arsenicum album.
- **Suffering with pain in chest:** Ledum p., magnesium mur.
- **Cloudiness of sight:** Natrum sulph.
- **Distention:** Conium m.
- **Dizziness:** Ammonium carb., oleander.
- **Eructations:** Natrum, oleander, sassafras.
- **Hungry when eating:** Veratrum album.
- **Nausea:** Baryta carb., belladonna, causticum, cicuta v., cocculus

ind., colchicum, digitalis, ferrum, kali, magnesium, nux vomica, ruta g., veratrum album.

- **Nausea with inclination to vomit:** Cocculus ind., ferrum acetate or met.
- **Pain in the stomach which compels to eat:** Graphites.
- **Pain in the stomach** relieved from eating food cold: Phosphorus.
- **Pain in the stomach:** Arnica, cicuta v., conium m., sepia, veratrum album.

Suffering from late suppers: China.

Suffering from fruit: Borax v., bryonia, carbo veg., china, magnesium mur., natrum, pulsatilla, selenium., silica; veratrum album.

Suffering from raw food: Ruta g.

Suffering right after eating: China, kali bichrom., nitric acid.

Bitter taste, or bitter taste of food: Bryonia, chamomilla, chelidonium, china, colocynthis, nux vomica, pulsatilla, sabina.

Bloating after eating, so much so as to oblige patient to loosen clothes: Calcium, lachesis, lycopodium.

Bread and butter agree, meat, beer and tea disagree: China, ferrum acetate.

Bread and butter disagree, and meat agrees: Natrum mur.

Cachectic people, when the vital powers have become very weak, plainest food cannot be tolerated, but fat food the least, we think of carbo veg.

Fullness of abdomen with heat and great distention right after eating a little, appears as if everything turns into gas, feels as if it would burst, great sensitiveness to touch of abdomen: Kali carb., nux moschata.

Obstructed respiration while eating: Magnesium mur., sulphur.

Perspiration at meals: Carbo an., carbo veg., natrum mur., nitric acid.

Perspiration after meals: Conium m., nitric acid, sepia.

Putrid eructations: Ruta

Regurgitation of food with burning in gullet: Cicuta v.

Throbbing or trembling in body: Lycopodium.

BREATH.

Cold: Camphor, tartar emetic, veratrum album.

Hot: Manganese, natrum mur.

Offensive: In young girls at puberty: Aurum met., belladonna, hyoscyamus, pulsatilla, sepia, spigelia ant., sulphur.

Odor offensive in the morning only: Arnica, belladonna, nux vomica, silica, sulphur.

— **Offensive after meals only:** Chamomilla, nux vomica, sulphur.

— **Offensive evenings or at night:** Pulsatilla, sulphur.

— **Offensive from abuse of mercury:** Aurum met., carbo veg., lachesis, sulphur.

Breath stopping when falling asleep, nervous origin: Grindelia r., lachesis.

— **Same from heart trouble:** Digitalis.

Frequent desire for long breath: Bryonia, cactus, ignatia am., natrum mur.

BURNING REMEDIES.

Apis mel.: Burning with stinging.

Arsenicum album: Burning ameliorated by heat. Especially in acute conditions.

Cantharides: Burning, cutting pains. Violent burning pain, especially in gastro-intestinal tract from mouth to anus, with great thirst.

Capsicum: Burning not relieved by heat. Burning as if red pepper was on mucous surfaces.

Causticum: Burning with soreness.

Chamomilla: Burning of feet, if otherwise indicated.

Phosphorus: Burning bands or burning feeling, if indicated.

Secale cornutum: Burning but objectively cold; covering cannot be tolerated, especially of feet. May be numbness or paralysis. Burning of all parts of the body as if sparks were falling on it.

Sulphur: Of feet or any part of body, especially in chronic cases.

CHILLS.

Begin between scapulae: Capsicum, sepia.

Begin in dorsal region: Eupatorium perf., lachesis.

Begin in lumbar region: Eupatorium purp., natrum mur.

Run up and down spine from sacrum to occiput in wave-like succession: Gelsemium.

From 7 to 9 A. M. Intense aching in bones before chill. Vomiting of bile between chill and heat: Eupatorium perf.

Irregular; thirst is intense during the hot stage, but little is drunk at a time: Arsenicum album.

Persistent nausea all the time: Ipecac.

With red face, decreased by external heat, thirst during chill; sighs often: Ignatia am.

Cannot uncover during the heat without getting chilled: Nux vomica.

From 10 to 11 A.M. headache, bursting, during heat; sweat relieves: Natrum mur.

Sleeplessness during the hot stage and sweat, face pale: Antimonium tart.

Appear about 3 P.M.: Apis mel.

— **4 P.M.** Lycopodium.

— **1 to 2 P.M. or A.M.:** Arsenicum album.

Creeping chilliness, especially at night; after taking cold: Mercurius.

COLD.

Cold air aggravates or brings about conditions: Aconite, arsenicum album, calcarea ost., capsicum, chamomilla, china, dulcamara, hepar sulph., nux vomica, plumbum, psorium, silica, tuberculinum.

Cold applications give relief: Apis mel., pulsatilla, to some extent, belladonna, mercurius, sabina.

Cold applications aggravate condition: Arsenicum album, bryonia, magnesium phos., nux vomica, rhus tox.

Cold air gives relief: Pulsatilla, sabina, secale cornutum.

Cold drinks agree better than hot drinks: Phosphorus, pulsatilla.

Feel better in the open or cold air: Aconite, baryta carb., graphites, phosphorus, platina, pulsatilla, rhus tox., sabina.

Feel worse in the open or cold air: Ammonium, belladonna, bryonia, chamomilla, cocculus ind., conium in., hepar sulph., ignatia am., lachesis, mercurius, nitric acid, nux vomica, selenium, silica spigelia, stramonium, veratrum album.

DREAMS.

Of things or matter all forgotten: Selenium.

Of business of the day: Bryonia, cicuta v., lycopodium, nitric acid, nux vomica, phosphorus, pulsatilla, rhus tox., selenium.

Dreaming continues after apparently being awake: Calcium, china, natrum mur.

Singing when asleep: Belladonna, crocus s., phosphoric acid.

Somnambulism: Bryonia, kalmia l., natrum mur., phosphorus, silica, sulphur.

Screaming during sleep: Apis mel., belladonna, cina, nux moschata, rhus tox.

Snoring and talking when asleep: Arnica, arsenicum album, belladonna, calcium, carbo an., carbo veg., chamomilla., kali bichrom., mercurius, muriatic acid, natrum mur., nitric acid., nux vomica, phosphorus, phosphoric acid, pulsatilla, rhus tox., sabina, sepia, silica, sulphur, zincum met.

Nightmares: Aconite, nux vomica, pulsatilla, ruta g., silica, sulphur, valerian.

Laughs during sleep: Alum, causticum, lycopodium.

DRY AIR REMEDIES.

Conditions brought about or aggravated by dry, cold air:

- **Aconite:** Fevers and inflammation as a result.
- **Causticum:** Worse in dry and better in damp weather.
- **Hepar sulph.:** Hypersensitive to cold air and wind.

EMACIATION.

Abrotanum: Emaciates from below upwards, legs particularly.

Argentum nit.: Child looks dried tip like a mummy.

Iodium: Emaciates generally, wants to eat all the time.

Lycopodium: Emaciates from above downwards.

Natrum mur.: Eats well and emaciates all the time neck particularly, emaciates from above downward.

Sarsaparilla: Neck emaciates and skin generally lies in folds.

EXPECTORATION.

Taste:

- **Acid taste:** Carbo animalis, nitric acid, pulsatilla.
- **Bad taste:** Carbo veg., chamomilla.
- **Bitter taste:** Bryonia, chamomilla, mercurius, natrum sulph., nitric acid, pulsatilla.
- **Herby taste:** Borax v.
- **Nauseous tasting:** Arsenicum album, stannum met.,
- **Salty taste:** Kalmia l., natrum mur., phosphorus, sepia,
- — **In pneumonia,** kali iodide.
- **Sour taste:** Calcareo carb., iris v., lachesis, nitric acid, nux vomica, phosphorus, phosphoric acid, zincum met.
- **Sweetish taste:** Calcium phos., phosphorus, sambucus nig., stannum met.

Color:

- **Gray:** Ambria g., lycopodium, sepia, thuja oc.
- **Green:** Cannabis s., carbo veg., ferrum, kali sulph., pulsatilla, stannum met., thuja oc.
- **Pus color:** Calcareo carb. (echinacea tincture), kali iodide, phosphoric acid, phosphorus, silica, staphisagria.
- **Transparent:** Arsenicum album, china, ferrum mur.
- **White:** Aconite, ambra g., ammonium mur., argentum nit., china, cina, cuprum met., kreosotum, lycopodium, phosphorus, rhus tox., sepia, silica, spongia t., sulphur.
- **Yellow:** Bryonia, calcarea carb., conium in., daphne ind., kali sulph., kreosotum, nitric acid, phosphorus, pulsatilla, sulphur, veratrum album.

Nature:

- **Cool:** Phosphorus, sulphur.
- **Foamy:** Phosphorus, plumbum acetate, silica.
- **Frothy:** Arsenicum album, ferrum, daphne ind., lachesis.
- **Globules** or little balls: Argentum nit., manganese, thuja oc.
- **Glue nature:** Digitalis.
- **Hardened:** Iodium.
- **Hot:** Hot water coming up: Daphne ind.
- **Liver colored:** Graphites, lycopodium, pulsatilla, sepia, stannum met.

- **Slimy:** Argentum nit., arsenicum album, belladonna, china, mercurius, phosphorus, pulsatilla, silica, stannum met., zincum met.
- **Thick:** Argentum nit., lycopodium, phosphorus, stannum met., sulphur, zincum met.
- **Tickling:** Causticum, sanguinaria.
- **Tough:** Alum, arsenicum album, cannabis s., carbo veg., causticum, chamomilla, dulcamara, iodum, phosphorus, sambucus n., sepia, stannum met., zincum met.
- **Watery:** Argentum nit., daphne ind., magnesium, natrum mur., stannum met.

Blood, expectoration:

- **Black:** Nitric acid.
- **Bloody streaks with:** Borax v., bryonia, china, daphne ind., ferrum, laurocerasus, sabina.
- **Pure coagulated:** Sepia.
- **Bright:** Ammonium carb., ipecac, rhus tox., sabina.

Hawking expectoration: Argentum nit., calcium, carbo an., causticum, cina, kali carb., lycopodium, phosphorus, rhus tox., stannum met., staphisagria, sulphur.

Profuse and frequent: Daphne ind., euphrasia, ferrum, hepar sulph., iodum, laurocerasus, lycopodium, pulsatilla, ruta g., sambucus nig., senega, sepia, stannum met., silica, sulphur, veratrum album.

Odor, offensive: Arsenicum album, calcarea carb., capsicum, ledum p., sanguinaria, sepia, stannum met., sulphur.

FAT PEOPLE.

Remedies acting on: Calcarea carb., calcarea ost.

FEAR IN SICKNESS.

- **Of Solitude:** Lycopodium, stramonium.
- **Of contagious disease:** Calcium.
- **Of losing reason:** Calcium, mercurius.
- **Of death:** Aconite, platina, raphan sat. nig.
- **To be left alone in the dark or storm:** Phosphorus.

FEELING HURRIED.

Mostly in uterine troubles: Argentum nit., and tiger lily.

— **Often in other conditions also:** Argentum nit.

FEVERS AND INFLAMMATION IN GENERAL.

Aconite: In inflammatory fevers, especially in the early stage. Acute inflammatory conditions, result of dry, cold air. Skin hot and dry; there is thirst and great restlessness with fear and often fear of death.

Antimonium crud.: Gastric fevers, worse at night with marked thirst with the characteristic milky coat or thick layer on the whole tongue.

Arsenicum album: In acute conditions and especially in the latter stage when patient is weak and feels helpless. Is restless but too weak to move and for that reason wants to be moved all the time. Fear with hopelessness. Burning feeling and symptoms and fear worse towards midnight, say from about 11 P.M. to 2 A.M. Thirst, wants to drink often, but only little at a time.

Belladonna: Head hot and face red, throbbing carotids, marked restlessness. Comes on suddenly as a rule. Starts up suddenly in sleep, rolls around, jerks and often becomes actively delirious.

Chamomilla: Sensitive to pain, numbness, restlessness, ugly aggressive mood. These are more often found in children at the time of dentition. Stool may be green. In these cases it is a valuable adjunct to other indicated remedies.

Ferrum phos.: In the first stage of acute disease to control the circulation, it is one of our best remedies.

Melilotus: Intense redness of face, throbbing carotids, symptoms are ameliorated by epistaxis. This is especially the case in certain forms of congestion of the brain.

Nux vomica: In fevers or feverish conditions where there is a good deal of heat. Whole body burning hot, but especially the face very red and hot, still patient cannot move or be uncovered in the least without feeling chilly or chilled.

Congestion, passive: Chronic and local the result :of suppression of eruptions: Sulphur.

Congestion in general: Gelsemium, glonoine, ferrum phos., kali iodide, melilotus, phosphorus.

FIDGETY REMEDIES.

Although they act in general condition, as a rule the condition is marked in parts mentioned:

- **Kali brom.:** Of upper extremities.
- **Phosphorus:** All over.
- **Zincum met.:** Of lower extremities.

FLATULENCE.

Accumulation in epigastrium: Carbo veg., graphites, lycopodium, natrum mur., nux vomica.

- **Hypochondrium:** Chamomilla, lycopodium, nux vomica.
- **Hypogastrium:** Aconite, china.
- **Inguinal region:** Chamomilla, lachesis.

After eating, acid diet: Phosphoric acid.

- **Fat or pork:** China, pulsatilla.
- **Gas producing food, in general:** China.
- **After drinking:** Nux vomica.

Leaning forward, ameliorates suffering: Belladonna.

Movement aggravates suffering: Natrum, nitric acid.

Flatulence with headache: Calcium phos.

Contraction of intestines: China.

Flatus incarcerated: Calcium, cantharides, carbo an., iodium, kali, natrum mur., nitric acid, nux vomica, phosphorus, prunus, sulphur.

- **Putrid:** Arsenicum album, caladium, carbo veg., oleander, zincum met.
- **Cold:** Conium M.
- **Hot:** Plumbum acetate, staphisagria, zincum met.
- **Fetid:** China, ferrum, magnesium.

— **Odor of rotten eggs:** Arnica.

Flatulence ameliorated on lying down: Ferrum.

Aggravated on lying down: Belladonna, phosphorus.

External pressure ameliorates: Colocynthis, helleborus n., magnesium phos.

Rumbling of flatus, especially in right ileo-cecal region: Natrum sulph.

— **In left splenic flexure of colon:** Lycopodium.

— **In right hypochondrium:** Podophyllum.

Upper abdomen especially very much bloated: Carbo veg.

Whole abdomen bloated: China.

Lower abdomen bloated. Hungry, but after first mouthful feels distressingly full: Lycopodium.

Abdomen enormously distended while eating or right after: Nux moschata.

Pain and distress immediately after eating: Kali bichrom.

Flatus, radiating pains all over, passing flatus does not give much relief. Worse at midnight. Great distention of abdomen. May be a sensation as if sticks were in abdomen: Cocculus ind.

Fright, effect of: Aconite, ignatia am., opium, veratrum album.

HEADACHE.

Aconite: Valuable adjunct to other indicated remedies, if from dry cold.

Antimonium crudum: If from cold baths this is a good adjunct to other indicated remedies.

Belladonna: Neuralgic or congestive headache, worse stooping, bending forward, lying down or turning eyes. Ameliorated bending or throwing head backwards and in the vertical position. Violent headache

with throbbing and determination of blood to the head, face red and hot; although face may be pale. Worse from hair cutting or having head uncovered.

Bryonia: Bursting headache, which feels as if head would burst. Motion of eyes or head, hot weather or rising from horizontal position aggravate. lying still ameliorates. Headache may be preceded by vertigo. Pains may be shooting, stitching in small spots or boring.

Calcium phos.: Headache in anemic subjects. In girls at the age of puberty. Headache in school children and the old. Ameliorated lying down.

Capsicum: Severe pain in head when coughing, as if the head would burst.

Causticum: Neuralgic, with pain of a drawing nature, with soreness, especially in vertex, if indicated. Worse in the morning and open air. Pain may be shooting, stitching. Easier in dark room.

China: With heat in head at night. Throbbing headache. Worse after heavy or late supper.

Cimicifuga: With pressing pain as if top of head would come off. Ciliary neuralgia.

Cocculus ind.: Sick headache which is accompanied by nausea and sometimes vomiting. Headache precedes nausea. Worse when rising from horizontal position., and from riding, boating, on the sea, etc. Cold air ameliorates.

Coffea cruda: One sided headache. Pain as if a nail was driven through side of head.

Colocynthis: Violent headache, worse lying down, especially when lying on back. Neuralgic headache.

Dulcamara: Valuable adjunct to other remedies, if result of cold.

Epigaea repens: Headache from overwork or over study, excitement, etc. Comes on when worn out or tired out.

Gelsemium: Nervous headache with prostration. Sick headache preceded by blindness. There is little or no nausea and seldom vomiting but patient feels weak and trembling. Pain in headache of gelsemium starts in occiput and from there spreads over the head is aggravated by lying with head low, by motion, mental exertion and smoking. Lying still and with head raised ameliorates. Profuse urination often gives relief.

Glonoine: Throbbing headache with red face and throbbing carotids; cannot bear to have head covered; least jar aggravates. Sun headache or headache from sunstroke or when overcome by heat and especially by the heat of the sun. Feels as if hair should be cut short.

Helleborus niger: Headache with coryza with 4 to 9 P.M. aggravation. Lying down ameliorates.

Ignatia am.: Nervous and one sided headache, generally with sensation as if a nail was driven through side of head. Lying down will often ameliorate. Very often indicated in hysterical subjects.

Ipecac: With persistent nausea.

Iris v.: Sick headache which generally starts with a blur before the eyes. Burning in the mouth, nausea and vomiting of sour, stringy mucus, in exceptional cases it is watery and bitter.

Kali bichrom.: Headache is preceded by blindness, when the latter subsides the former begins. Headache then settles in one spot and is generally very severe. Blind and sick headache.

Kalmia 1. : Neuralgic right sided headache. Pain in eyes worse on turning, sense of stiffness, at times numbness.

Lac defloratum: Sick headache beginning in forehead and extending to back of head to occiput. Nausea and vomiting, especially when rising in the morning, blind headache with throbbing. Despondent.

Lachesis: Worse when awakening from sleep; sleeps into headache. Headache from heat of sun, especially if chronic.

Lycopodium: Congestive headache aggravated by lying down, if indicated.

Magnesium phos.: Neuralgic headache. Heat and pressure ameliorate.

Melilotus: Congestive headache, face very red and throbbing carotids. Epistaxis ameliorates headache.

Mercurius: Pain shooting, boring, stitching or tearing, relieved by cold applications, worse nights. Sweating does not ameliorate but may aggravate.

Natrum carb.: Headache worse in sunlight and from mental exertion, generally with depression.

Natrum mur.: Headache of anemic school girls and at the start of menses in such. Chronic headache comes on in paroxysms, face more pale although it may be red; in anemic patients. Headache is of throbbing nature.

Nitric acid: Shooting, tearing or throbbing headache in occiput, vertex or frontal region, generally worse towards evening and nights. Sick headache.

Nux vomica: Headache aggravated by mental exertion, anger, sour stomach, stooping, from light, noise, coughing, masturbation, constipation, high living, in the open air or when opening or moving the eyes.

Onosmodium: Periodical headache, migraine, face red. General weakness and prostration.

Petroleum: Heavy, dull headache in occiput.

Phosphoric acid: Headache in young people that grow too fast, and especially in students or those that do a good deal of mental work.

Picric acid: Least mental exertion causes headache, especially in those who are depressed and do too much mental work. Are weak, worn out, depressed and stiffer from brain fag and general prostration.

Pulsatilla: Pressure, tight bandage and cold air or cold applications ameliorate headache. Patient feels blue and depressed.

Sanguinaria can.: Sick headache with nausea and vomiting, headache starting in back and spreading all over head, terminating in or over the right eye. Darkness and quiet ameliorate condition.

Sarsaparilla: Headache caused by suppression of gonorrhoea, congestive headache.

Sepia: Headache coming on in shocks so violent as to make patient start or jerk head unawares. Especially in women of despondent nature who are suffering from wrongs of the reproductive organs.

Silica: Starting at base of neck and extending over head to the eyes. This in cases where silica is indicated.

Spigelia: Neuralgia, especially of the left side of the head. Left-sided headache, especially if beginning in occiput extending to left eye or just above it. Sun headache that increases when sun rises and decreases as the sun sets. Any jar or noise will aggravate headache. Water may run from the left eye.

Spongia t.: Sleeps into aggravation, headache worse when waking up.

Sticta p.: Headache at root of nose, generally result of cold where nose is stopped up.

Sulphur: In many chronic headaches, where the indicated remedies do not act, it will often cure or remove the predisposing cause so that indicated remedy can act. Headache the result of suppressed eruption.

Thuja oc.: Syctotic headache. Headache from vaccination.

Bending or throwing head backward ameliorates: Belladonna, murex p., thuja o.

Cold air or draft, headache from: Aconite, belladonna carbo an., calcium phos., china, conium m., ferrum acetate, graphites, hepar sulph., kali, lachesis, muriatic acid, natrum mur., nux vomica, spigelia, sulphur, valerian.

Cold air, headache ameliorated in: Aconite, antimonium, arsenicum, album, colocynthis, phosphorus., pulsatilla, tabacum, thuja o., zincum met.

Cold application ameliorates headache: Pulsatilla.

Congestive headache: Belladonna bryonia, gelsemium, lycopodium, melilotus, mercurius, nux vomica.

Coughing, headache when coughing: Capsicum, ferrum mur, kali, spigelia, sulphur.

Eating ameliorates: Anacardium o., conium m., phosphorus.

Expansion, sensation as if head was expanded or too large: Apis mel., argentum nit., pulsatilla.

Fear of losing reason with headache: Ambra g.

Heat, headache from heat and especially from the heat of the sun: Aconite, bryonia, carbo veg., glonoine, lachesis, spigelia, veratrum album .

Heat in head with headache: Belladonna, calcium phos., causticum, china, glonoine, lobelia, melilotus, nux vomica.

Hot applications ameliorate headache: Calcium phos., magnesium phos., nux vomica.

Lying down aggravates headache: Belladonna, caladium, colocynthis, euphrasia, lycopodium, magnesium phos.

Lying down ameliorates headache: Aethusa cy., calcium phos., helleborus n., ignatia am., nux vomica, oleander.

Morning, when rising: Ammonium mur., bryonia, nux vomica, pulsatilla.

Motion of carriage headache from or aggravation from: Cocculus ind., graphites iodium, kali , nitric acid.

Moving eyes: Belladonna, bryonia, cuprum met., digitalis, hepar sulph., kalmia l., magnesium sulph., nux vomica, pulsatilla, rhus tox.

Moving head: Capsicum, bryonia, glonoine, graphites, lachesis,

lycopodium, natrum mur., phosphoric acid, podophyllum, pulsatilla, sepia, spigelia.

Music, headache from: Ambra g., phosphorus.

Nights: Arsenicum album, china, lycopodium, mercurius, sulphur, tartaricum.

Periodical: Belladonna, calcium phos., natrum mur., nux vomica, onosmodium v., Sulphur.

Periodical result of malaria: Arsenicum album, capsicum, china, eupatorium perf., gelsemium.

Pressure ameliorates: Apis mel., argentum nit., colocynthis, calcium phos., magnesium phos., magnesium mur., natrum mur., nux vomica, pulsatilla.

Sleeps into headache, **worse when waking up**: Lachesis, spongia t.

Sick headache:

- **Acidum nitricum**: In many sick headaches with very sour or acid taste, teeth on edge, there may be nausea and vomiting. Throbbing headache.
- **Bryonia**: Bitter taste, vertigo on rising from horizontal position. Sensation as if a stone was in stomach.
- **Iris v.**: Generally starting with a blur before the eyes. Nausea and vomiting of long, stringy, ropy, sour tasting mucus. There is often severe burning in mouth and throat.
- **Kali bichrom.**: Sick headache preceded by blindness, when the latter subsides the former begins.
- **Natrum sulph.**: Bitter taste, vomiting of bile, bloated, diarrhea if present is worse in morning.
- **Nux vomica**: Confusion, nausea and faintness, worse in open air. Sour taste.
- **Pulsatilla**: Pain one sided, pressure ameliorates, feels better in the open air; taste bitter.
- **Sanguinaria**: Starts in back of head, spreading over head, terminating above the right eye. Feels better quiet and in dark room. There is nausea and often vomiting.

Throbbing headache: Belladonna, china, glonoine, melilotus, natrum

mur., nitric acid, nux vomica, sanguinaria.

HEAT AND HOT APPLICATIONS.

Hot applications give relief: Arsenicum album, bryonia, magnesium phos., rhus tox.

Cold applications aggravate: Arsenicum album, bryonia, magnesium phos., rhus tox.

Hot or warm applications aggravate: Apis mel., pulsatilla and sometimes belladonna.

Heat aggravates: Sabina.

Warmth of bed aggravates condition: Mercurius.

Pain aggravated by heat; but not relieved by cold: Pulsatilla, chamomilla.

Condition resulting from damp, hot air: Carbo veg.

Lacks vital heat, sensitive to cold air, especially the head and feet: Silica.

INFANTS.

Remedies given below are those that are often indicated in infants or small children. For special indications see drugs or special headings. Many other remedies are often indicated, and if so, should be given to meet the conditions.

Agitation or nervous excitability in children: Belladonna, borax v., chamomilla, coffea.

Aphthae: Borax v., echinacea, mercurius, phytolacca, sulphur, sulphuric acid.

Colic: Chamomilla, colocynthis, dioscorea V., magnesium phos.

— **Children whose teeth get black and decay,** often troubled with sore eyelids: Staphisagria.

Constipation: Alumina, bryonia, causticum, magnesium mur., nux vomica.

Crying of new born children, constantly without apparent cause: Belladonna, chamomilla.

Diarrhea: Arsenicum album, calcarea carb., calcarea ost., calcium phos., chamomilla, coffea, colchicum, colocynthis, ferrum, ipecac, jalapa, mercurius, sulphur, veratrum album.

Dry spasmodic cough: Chamomilla, cina, nux vomica.

Tendency to bite or press gums together: Podophyllum, phytolacca.

Spasms: Belladonna, calcium, chamomilla, cicuta v., cina, ignatia am., passiflora, stannum met., sulphur.

Teeth coming through very late: Calcium, sulphur.

ITCHING.

Intense, aggravated by warmth and especially by the warmth of the bed: Mercurius.

When body becomes warm, scratches until it bleeds, itching between fingers, toes and underjoints: Sepia.

Itching changing to burning when scratching: Murex p.

Aggravated by cold: Spongia t.

With burning: Sulphur.

With stinging: Apis mel.

When body becomes warm: Psorium.

Itching in general, is often benefited by: Rhus radicans.

LEFT-SIDED REMEDIES.

In left sided conditions, or those arising in the left side of the body.

Ceanothus am.: A remedy acting mostly on the left side, but especially on the spleen.

Lachesis: In many conditions, but most often on left side.

Ovarian troubles on the left side: Lachesis, liliun tigrinum., ustilago.

MOTION AGGRAVATES.

Bryonia: Motion, or movement of parts involved aggravate pain. Pain keeps patient quiet.

MOTION RELIEVES PAIN.

Pulsatilla: Motion or moving about in cool air ameliorates, especially in menstrual wrongs.

Rhododendron: Motion ameliorates, while rest aggravates.

Rhus tox.: Motion in warm air ameliorates and is kept tip until tired out.

Zincum met.: Motion ameliorates conditions.

Walking slowly about **relieves** some: Ferrum acetate or met., platina, stannum met., zincum met.

MUCOUS DISCHARGES FROM MUCOUS SURFACES FROM ANY ORIFICE.

Thick, bland and yellowish green: Carbo veg., lycopodium, mercurius, phosphorus, pulsatilla, sulphur, and in some cases natrum sulph., kali sulph.

Acrid corrosive, often burning: Arsenicum album.

Offensive discharge: Arnica, asafetida, baptisia, kreosotum, nitric acid, nux vomica, sabina, sepia.

Thick bland, green or yellowish green: Pulsatilla, sepia.

Arnica: With putrid smell of month.

Hydrastis: If viscid and stringy.

Iodium: Acrid and corrosive; will eat holes in linen.

Iris v.: Viscid and stringy.

Kali bichrom: Viscid and stringy. May be consistency of jelly.

Kreosotum: Acrid, excoriating parts it comes in contact with, staining yellow.

Thuja oc.: Green discharge.

NAILS.

Finger nails grow in splits like warts with horny spots:
Antimonium crud.

Nails crippled on fingers and toes, brittle or inflamed: Silica.

Nails, thick, crippled: Graphites.

Nails, brittle, crumbling, distorted: Thuja oc.

NAUSEA.

Antimonium crud.: Right after meals, with characteristic tongue.

Bryonia: Worse on motion or when rising from the recumbent position.
Bitter taste.

Cocculus ind.¹ : Nausea with inclination to vomit from motion of carriage, train, boat, ship, etc.

Colchicum: Smell of cooking nauseates to faintness.

Ipecac: Persistent nausea not relieved by vomiting. Generally from digestive errors. Tongue may be clean or little coated.

¹ Note: Although cocculus ind. is our best remedy in nausea with vertigo from motion of carriage, train, boat, ship, etc., borax, lycopodium, nux moschata, petroleum, sepia and sulphur are of some value.

Lachesis: Nausea on closing eyes with vertigo, if indicated.

Nitric acid: With sour or acid taste. Teeth feel as if on edge.

Nux vomica: After eating and mostly in the morning, there may be sour taste.

Pulsatilla: From digestive errors, from mixed diet, rich food, etc., coating of tongue may be similar to antimonium crud. Taste may be bitter.

Theridion cur.: Nausea with vertigo, especially on closing the eyes. Noise appears to cause nausea and vertigo.

Thuja oc.: Nausea with vertigo, especially when closing eyes, if indicated.

EDEMATOUS CONDITIONS.

Of upper eyelids: Kali carb.

Of lower eyelids, mouth, throat, often with stinging, burning pain: Apis mel.

Of whole face or all around **the eyes.** There may be puffy, relaxed appearance of face: Phosphorus.

PAIN NEURALGIC.

Aconite, causticum, chamomilla, cimicifuga, coffea, colocynthis, epifagus, gaultheria, gelsemium, kalmia l., magnesium carb., magnesium phos., onosmodium, spigelia, stannum met.

PAIN IN GENERAL.

Actaea (Cimicifuga) racemosa: Infra-mammary pain at climateric. Pain pressing outward as if top of head would fly off; running in eye, which aches fearfully, settles in occiput and shoots down the neck.

Acid sulphuric: Pain begins slowly and declines suddenly.

Ammonium muriate: Painful sensation as if muscles were contracted or too short. Pain in heels. See other remedies in regard to latter.

Apis mel.: Stinging pain with burning; patient often cries out. with pain.

Argentum nit.: Pain in back relieved by walking or standing, bad when getting up from seat. Pain and actual contraction of muscles of the legs or arms; not only the sensation. Stitching pain in throat as if fish bone was in it. On left side, increased by lying on left side.

Arsenicum album: Pain through upper right chest. Burning pain ameliorated by heat in any part of the body.

Aurum: Bone pain.

Belladonna: Appears suddenly and disappears suddenly. Pain worse on lying down. Pain ameliorated in headache if head is thrown backwards. Easiest in vertical position.

Bryonia alba: Aggravated by motion; ameliorated by lying on affected part. Stitching, sharp pain, pressure ameliorates pain. Cries out from sharp, stitching pain.

Calcarea ost.: Pain through upper right chest if indicated.

Cantharides: Pain with cutting, cutting pain especially.

Causticum: Drawing pains, especially in arms and legs, better or rather ameliorated in bed.

Chamomilla: Numbness with pain, angry, aggravated by heat, not relieved by cold. Rheumatism in left shoulder with above symptoms. Sensitive to pain.

Chelidonium: Pain through lower right chest. Pain under right shoulder blade.

Chenopodium 30d: Pain under left shoulder blade.

Coffea: Pain unsupportable, driving to despair, sleeplessness.

Croton tig.: Pain drawing through from nipple to back while nursing.

Dioscorea vil.: Pain in early stage of felon when it is sharp and agonizing.

Eupatorium perf.: Bone pain. Pain makes patient restless.

Ferrum met. or acetate: Pain relieved by walking slowly about even if weak and prostrated. Easily flushed and red face.

Gelsemium: Neuralgic pains may be dull aching or darting, coming on so suddenly as to make patient start.

Ignatia am.: Sharp pain shooting up the rectum, often accompanied by disposition to sigh and draw a long breath.

Kali carb.: Stitching pain at any time not relieved by pressure or lying on painful side or part. Edematous condition of the upper eyelid. Stitching pain or sensation in throat as if a fish bone was in it. Pain through lower right chest, if indicated.

Magnesium mur.: Pain in region of liver aggravated by lying on right side, with constipation.

Mercurius: Pain through lower right chest if indicated. Pain in region of liver aggravated by lying on right side, with bowels loose.

Myrtus com.: Pain in upper left chest through to scapula.

Natrum sulph.: Pain in lower left chest. Stitching pain through left lung below left nipple.

Nitric acid: Stitching pain in throat as if fish bone was in it, if indicated. (See also Hepar Sulph.)

Phosphorus: On left side increased by lying on left side. Burning, especially of hands. With pain or not.

Phytolacca: Aching, bruised feeling all over the body. Groans. Movement aggravates pain.

Platina: Pain, gradual increase and gradual decrease; not so weak as

in stannum. Numbness with pain as in chamomilla but not such an ugly disposition.

Ptelea trif.: Pain in region of liver aggravated by lying on left side.

Pulsatilla: If general symptoms are present, feels better in cold air, from cold application, chilliness with pain, still wants cold room. Worse in warm, closed room. Pain rapidly shifting from one place to another.

Rhus tox.: Burning marked with more or less pain. Restlessness.

Rumex crispus: Stitching pains through left lung, just below nipple.

Ruta g.: Wrist pain increased in. cold weather and on motion.

Silica: Pain drawing through from nipple to back, if indicated.

Stannum met.: Pain gradually increases to great height and gradually decreases. Relieved by pressure.

Sulphur: Burning, especially of feet in chronic cases. Pain in upper left chest through to scapula.

Theridion cur.: Pain in upper left chest to shoulder, if indicated.

PARALYSIS.

Left sided: Lachesis.

Right sided: Causticum.

After diphtheria. Paraplegia from debility: Argentum nit.

Post-diphtheritic with marked **hyperesthesia of skin:** Plumbum met. or acetate.

Of ankles late in the afternoon: Chamomilla,

Of wrists: Ferrum acetate, ruta g., silica, plumbum met or acetate.

From below going upwards: Lachesis.

Vocal organs in general: Causticum, cantharides.

Paresis, hands tremble, hands go to sleep, soles of feet go to sleep, a weakness in back almost bordering on paralysis, marked prostration: Cocculus ind.

Prostration and entire relaxation of the muscular system and even motor paralysis: Gelsemium.

PRESSURE.

Relieves: Bryonia, colocynthis, stannum met.

Aggravates: Kali carb., lachesis.

RESTLESS REMEDIES.

Aconite: Mostly in colds, continued fevers, and severe inflammatory fevers. Early stage.

Arsenicum album: In inflammatory diseases in latter stages, low grade of fevers. Weak condition.

Chamomilla: Restless and sleepless.

Rhus tox.: Restlessness on account of aching pains, temporarily relieved by movement.

RIGHT-SIDED REMEDIES.

Indicated in conditions of right side or starting on right side.

Chelidonium: Especially if there are liver symptoms.

Conium m.: In hardness of mammae.

Lycopodium: In general conditions that arise on the right side.

Sanguinaria: Not a right sided remedy but acts more strongly on that side.

Remedies acting mostly on right ovary: Apis mel., belladonna,

bryonia, lycopodium, podophyllum.

SENSATION.

As if some thing were moving about in abdomen: Capsicum, sabadilla ,
sepia.

As if stomach were hanging down relaxed, all gone, weak sensation. A
sinking sensation in stomach: Staphisagria, ipecac, tabacum, thuja oc.

As if something was moving or hopping about in stomach, abdomen, or
uterus: Crocus sativus.

As if a splinter was in throat: Argentum nit., alumina, hepar sulph.,
nitric acid.

As if thread were hanging down throat: Valerian.

Sensation of coldness in back between shoulders: Ammonium mur.

Sensation of swelling in pit of stomach: Bryonia.

Sensation of bubbling in region of kidneys, great deal of prostration,
often means: Berberis vulgaris.

Sensation of rawness and soreness, dull, drawing, tearing pain in hands
arms, thighs, legs, knees and feet, worse in open air, better in bed.
Weakness and trembling of limbs: Causticum.

Feeling as if floating in the air: Valerian.

Feeling as if legs were floating in the air: Sticta pul.

Feeling as if falling, afraid of falling, child grasps nurse for fear of
falling: Gelsemium.

Of falling, only from downward motion: Borax v.

Sensation or feeling as if hair was on tongue, without there actually
being any, if indicated: Kali bichrom., natrum, murex p., silica.

Sensation as of cobweb on face, if indicated: Borax v., graphites.

Tingling of tongue, lips and nose: Natrum mur.

Empty, gone feeling in the stomach, if nervous condition Ignatia am.

— If connected with uterine troubles: Sepia.

— If from digestive wrongs: Hydrastis.

Empty, gone feeling all over the abdomen: Phosphorus.

Sensation of feeling of fullness: Aesculus hip.

— Of expansion: Argentum nit.

Coldness in parts or in general , if indicated. In feet and lower legs as if patient had cold, damp stockings on: Calcareo ost.

Numbness in heels when stepping: Alumina.

Sensation of stone in stomach: Bryonia, pulsatilla, nux vomica.

Feeling of emptiness of all internal organs and head, depression: Cocculus ind.

Emptiness in stomach and abdomen, an all gone feeling, we think of: Hydrastis, ignatia am., murex P., sepia.

SENSITIVE TO TOUCH OR PRESSURE.

Asafetida, antimonium crudum, capsicum, china, .hepar sulph., kali carb., lachesis, plumbum.

Capsicum: Cannot bear to be touched or even shaved. Marked hyperesthesia.

China: Cannot bear to be touched, current of air causes pain. Hard pressure relieves.

Hepar sulph.: Cannot bear to be touched, current of air causes pain. Cannot bear to have any sore or abrasion touched. Marked hyperesthesia.

Lachesis: Sensitive to touch or pressure. Feeling of constriction.

Plumbum: Cannot bear to be touched or even shaved. Marked hyperesthesia.

SMELL.

Loss of: Belladonna, calcium hepar sulph., hyoscyamus, natrum mur., pulsatilla, plumbum, sepia, silica, zincum met.

Abnormally acute: Aconite, aurum, belladonna, chamomilla, cocculus ind., colchicum, china, graphites, lycopodium, nux vomica, phosphorus, sepia.

SPARE PEOPLE.

Remedies acting best on thin, spare subjects, if indicated:

Calcium phos.: In spare and anemic subjects, especially children. There may be tardy bone development.

Lycopodium: Look older than they are, well developed head, but puny, sickly bodies.

Fluoric acid: Withered and dried up person, the result of disease. Young people look old.

Phosphoric acid: Tall and slender, that is in young people growing too fast it acts best.

Phosphorus: Tall and slender, that is in voting people growing too fast it acts best.

Silica: With sweaty hands and defective assimilation; looks shrunken and old. Head sweats easily. Feet sweating which may be offensive.

SLEEP.

Before going to sleep:

- **Dreads going to bed:** Causticum, lycopodium, mercurius.
- **Heavy and weary feeling in extremities** and in general. There may be pain in legs and arms: Kreosotum, natrum carb.
- **Position:** Cannot find rest in any position: Kali, lachesis.
- — Cannot find rest on back: Magnesium mur., sabina.

- **Starting up** just when about going to sleep: Ammonium, belladonna, rhus tox., tartar emetic.
- **Stretching:** Belladonna, china, ignatia am., nux vomica.
- **Tossing about:** Anacardium o., china, kreosotum, rhus tox., sabadilla, thuja oc.
- **Twitching of arms or legs** or any part of the body: Arsenicum album, ignatia am., nux vomica.

When asleep:

- **Moaning:** Arnica, arsenicum album, baptisia, bryonia belladonna, caladium, carbo an., helleborus n., lachesis, lycopodium, mercurius, muriatic acid, nitric acid, pulsatilla, rhus tox.
- **Open mouth:** Mercurius, rhus tox., sambucus nig.
- **Dry mouth:** Causticum, pulsatilla.
- **Position:** Arms above head: Nux vomica, platina, pulsatilla, sulphur, veratrum album.
- — **Hands crossed under head:** Aconite, arsenicum album, china, colocynthis, magnesium, tartaricum.
- **Sleep retarded after going to bed late:** Ammonium carb.
- — **After waking in the night:** Natrum mur.
- — **Every second night:** China, lachesis.
- **Sleep with giddiness:** Caladium.
- **Sleeplessness after midnight:** Arsenicum, belladonna, caladium,
- — **Before midnight:** Bryonia, nux vomica, pulsatilla.
- — **With burning heat:** Belladonna.
- **Tossing in sleep:** Aconite, arsenicum album, belladonna, rhus tox., sulphur.
- **Uncover, desire to, in sleep:** Arsenicum album, platina, magnesium.
- **Unable to sleep**
- — **Lying on back:** Phosphorus.
- — **On left side :** Lycopodium, ptelea.
- — **On right side:** Bryonia, magnesium mur.
- — **With knees bent, or legs drawn up:** Platina, pulsatilla.
- **Waking caused by slightest noise:** Selenium.
- **Waking, anxious at certain time:** Selenium.

SUN HEAT AND AFFECTIONS BEARING ON IT.

Prostration from heat: Glonoine is our best immediate remedy. Lachesis is our next remedy.

Sun pain: Pain increased with rising sun; decreased with setting sun: Natrum mur., spigelia, tabacum.

Trouble caused or aggravated by heat and especially by the heat of the sun, still **cold baths aggravate** conditions or may cause trouble: Antimonium crudum .

Troubles caused or aggravated by heat and especially by the heat of sun: Bryonia., gelsemium or natrum carb. may be indicated.

Aconite, belladonna, bryonia, calcium, lycopodium and nux vomica, have a less marked action in this direction, still are useful if indicated when overheated.

SWEATING.

Sweating impossible: Lachesis, staphisagria.

Apis mel.: Alternate dry and hot or perspiring.

Arsenicum album: Fever and headache are relieved by sweating.

Belladonna: Sweats on covered parts.

Calcarea ost.: Partial sweats, coldness of single parts as well as general. Profuse sweating on head or head and face, especially while asleep. In night sweats of the debilitated.

Caladium: Sweat is sweet, attracts flies.

Conium m.: Sweating day or night as soon as one sleeps or even closes eyes.

Ferrum phos.: Night sweats of weak and anemic subjects.

Mercurius: Pain increased by sweating at least not relieved. Sweats day and night and no relief. If this fails try hepar sulph.

Natrum mur.: Fever and headache, and all other symptoms of natrum mur. are relieved by sweating.

Pulsatilla: One sided sweats.

Sambucus nig.: Profuse sweating while awake; dry heat when asleep.

Stannum met.: Profuse night sweats; but especially on chest.

Thuja oc.: Sweats on uncovered parts.

Veratrum album: Cold sweats, sweating of face and forehead, with threatened collapse.

Clammy: Arsenicum album, daphne ind., veratrum album.

Cold: Digitalis, dulcamara, lachesis, natrum, tartar emetic, veratrum album.

Colors linen yellow: Arsenicum album, belladonna, carbo an., mercurius.

Greasy, oily: Bryonia, china, magnesium, mercurius.

Hot: Antimonium, china, opium.

Smelling like urine: Berberis vul., colocynthis, nitric acid.

TASTE.

- **Acid:** Nitric acid.
- **Bitter:** Chelidonium, bryonia, pulsatilla, china, sabadilla, digitalis, natrum mur.
- **Bloody:** Ammonium carb., kali carb., natrum carb., sabina, zincum met., silica.
- **Disagreeable, disgusting, repugnant:** Sabadilla.
- **Earthy:** Nux moschata.
- **Greasy:** Causticum, magnesium, muriatic acid, lachesis, sabina.
- **Loss of taste:** Belladonna, hepar sulph., kali carb., natrum mur., pulsatilla, veratrum album.
- **Metallic:** Cuprum met., cocculus ind.
- **Moldy:** Ledum palustre.
- **Oily:** Magnesium, silica.
- **Salty.** Phosphorus, natrum mur., mercurius, carbo veg., kali iodide.
- **Soapy:** Dulcamara, iodium.

- **Sour, salty:** Cuprum met.
- **Sour:** Nux vomica, iris v., calcarea ost., nitric acid.
- **Sweet:** Stannum met., magnesium sulph.
- **Taste of food eaten:** Antimonium crud., ferrum acetate.

THIRST.

Drinking seldom but **much** at a time, there may be bad or bitter taste, coated tongue, thirst increased by beer: Bryonia.

Moist mouth, with intense thirst: Mercurius.

Sense of dryness of mouth without actual dryness: Natrum mur.

Thirst, drinking often, but little at a time: Arsenicum album.

THIRST, ABSENCE OF.

Absence of thirst with marked **dryness**, tongue sticks to roof of mouth, especially in the night: Nux moschata.

Bad taste in the mouth, especially in the morning, but **no thirst**. Mouth dry, but no thirst: Pulsatilla.

Absence of thirst in general: Aethusa cy., belladonna, calcium, natrum mur., pulsatilla.

Dread of drinking: Belladonna, hyoscyamus, nux vomica, sambucus nig., stramonium.

TIME WHEN SYMPTOMS ARE WORSE.

Aggravation in general at about **3 A.M.**, less so at **3 P.M.**: Kali carb.

Aggravation in general at about midnight from **11 P.M. to 2 A. M.**, less so from **11 A.M. to 2 P.M.** in day time, especially if there is pain, restlessness, burning or prostration: Arsenicum album.

Aggravation of symptoms in general in the **morning** if indicated: Podophyllum, nuphar lutea, nux vomica rumex crispus.

Aggravation of symptoms during the **day** in typhoid fever: Bryonia.

TEMPERAMENTS, CONDITION AND BY WHAT REMEDIES INFLUENCED.

Antimonium crudum: Child cross, screams and cries, shows temper at every little attention.

Aurum: Looks at dark side of life,, tendency to commit suicide; peevish, often the least contradiction excites wrath.

Chamomilla: Patient feels snappish and ugly. Child wants this or that, but if handed wants something else.

Natrum mur.: Patient is aggravated by comforting and consolation.

Pulsatilla: Patient is soothed and comforted by consolation.

Sepia: Patient is sad, cries often without knowing why.

Stannum met.: Patient is generally very sad, feels like crying all the time.

TREMBLING REMEDIES.

Gelsemium: From weakness, trembles all over. Sometimes so severe as to be mistaken for a chill.

Zincum met.: General trembling from prostration.

Trembling: Sensation of internal trembling, without visible trembling, especially in females: Caulophyllum

Sulphuric acid: In weak subjects, may be hemorrhage from every outlet of the body..

TWITCHING REMEDIES.

Agaricus, ignatia am., zincum met.

VERTIGO.

Argentum nit.: In the dark or with eyes closed, vertigo with

staggering. Buzzing in ears, general debility and trembling.

Belladonna: When rising after stooping over.

Borax v.: When descending.

Bryonia: When getting tip from seat or bed or moving head. Whirling vertigo, lying down relieves.

Calcarea ost.: When turning or moving head or while ascending.

Chelidonium: In liver trouble, if indicated. Vertigo on rising from bed.

Cocculus ind.: Whirling vertigo on rising up in bed, must lie down again. Feels as if intoxicated. Headache precedes sickness of stomach. Vertigo increased by riding in cars, boat, etc.

Conium m.: From turning or moving head, looking backward; turning in the bed; whirling vertigo; vertigo lying in bed.

Ferrum: While descending.

Gelsemium: Occipital, with dimness of sight. Staggering vertigo.

Kali carb.: On turning the head.

Lachesis: After sleep.

Natrum mur.: While walking. While studying.

Nux vomica: From odor of flowers; while walking after eating; with fainting; with staggering; with dimness of sight; when stooping.

Phosphorus: On looking down: while walking; from odor. of flowers; staggering when rising from seat. Must lie down to get relief.

Pulsatilla: Looking u while walking as if whirling. Must lie down to get relief. After suppressed menses.

Sabadilla: Ameliorated by resting head.

Sassafras: From looking fixedly at an object.

Silica: Looking up.

Stramonium: In the dark or with eyes closed.

Theridion cur.: Vertigo with nausea, especially on closing the eyes, noise unbearable. Vertigo from noise.

Vertigo when reading: Ammonium carb., arnica, cuprum met.

Alternate with colic: Colocynthis, spigelia.

When lying on back: Mercurius, sulphur, nux vomica.

In morning: Conium m., graphites, lachesis.

In morning when rising: Belladonna, kali bichrom., bryonia, phosphorus.

Vertigo from looking down: Oleander, spigelia.

When lying down: Caladium, conium m., rhododendron, staphisagria, thuja oc.

When eating: Ammonium carb., magnesium mur.

Vertigo in occiput: Gelsemium, petroleum, silica.

VOMITING.

Vomiting when stomach is empty-coffee ground vomit. Vomit is dark, pain most severe 2 or 3 hours after meals; eating relieves. Then patient will eat to get relief: Anacardium 30d.

Vomiting water the moment it touches stomach: Subnit. of bismuth 30d.

Vomiting of large, sour curds, sour stool, sweaty head: Calcarea ost.

Vomiting of warm drinks, cold drinks retained, temporary amelioration after vomiting: Pulsatilla.

Vomiting, but more gagging without vomiting, rumbling in abdomen,

especially ascending colon: Podophyllum.

Wants cold things; as soon as they get warmed up in stomach they are vomited up: Phosphorus.

Cold drinks vomited up, patient can retain nothing. but hot drinks on stomach: Chelidonium.

Great nausea and vomiting of sour, glairy, stringy and ropy material. So sour as to cause excoriation in throat. Burning of tongue, throat, stomach and, if diarrhea, of anus also. Profuse flow of saliva; taste of vomit may also be bitter or sweet, but -seldom. Burning should not be forgotten: Iris V.

Vomiting of milk or milky nature, white color from side of nose to edge of mouth, white upper lip. Vomiting of milk with great effort and prostration afterwards. If not vomited up at once child will a little later throw up great masses of curdled milk almost too large to be thrown up. Stool not sour nor is there a rickety condition of patient: Aethusa cy.

More gagging than vomiting, if indicated: Secale cor.

Vomiting, chronic , with good appetite, generally profuse, sweet and marked prostration. Face bathed in cold sweats and extreme nausea, result of gastric derangements: Lobelia.

Cries when vomiting, tearful, fear of death. Severe pain in stomach, often burning, aggravated by least food or drink, especially if cold: Arsenicum album.

Vomiting of stringy matter may be of gelatinous consistency: Kali bichrom.

Vomiting gives no relief, nausea persistent: Ipecac.

Vomiting from marked irritation in stomach, burning in stomach, where the vomiting gives temporary relief, especially where there is marked prostration, patient pale and drowsy: Antimonium tar.

Smell of cooking food nauseates even to vomiting at times, gets faint feeling: Colchicum.

Vomit sour: Borax, calcium, ferrum, nux vomica, phosphorus, pulsatilla.

Sweetish: Kreosotum.

Vomiting violently: Arsenicum album,, belladonna, cuprum met. moschus, nux vomica, veratrum album.

Yellow, greenish: Oleander, veratrum album.

Resembling pitch: Ipecac.

With coldness of hands or feet: Kreosotum.

Vomiting and nausea from passive motion of ship, carriage, etc.: Arsenicum album, cocculus ind., petroleum, silica, sulphur.

Vomiting sour with sour eructations. If in children they may smell sour all over: Sulphuric acid.

Vomiting of food after it has lain in stomach for 5 to 6 hours or longer. Coughing with vomiting of food: Ferrum acetate or ferrum met.

WET WEATHER REMEDIES.

Condition aggravated or brought about by wet weather:

Calcium phos.: Spring and fall when air is cold and damp. From change of warm to cold, damp weather. From melting snow.

Dulcamara: Sudden change from warm to cold weather or in damp weather.

Natrum sulph.: Aggravation in damp weather. Especially before a storm, with marked electrical disturbances.

Rhus, tox.: From cold, but especially wet cold.

WOUNDS AND FRACTURES.

Black eye from blow of fist: Ledum p.

Bruised wounds: Ledum p., arnica, hamamelis, sulphuric acid.

Fractures: Calcium phos.

Incised wounds: Staphisagria 200 P.

Lacerated wounds: Calendula.

Strains: Calcarea ost., nux vomica, rhus tox.

WOUNDING OF NERVES, BONE, PERIOSTEUM, BRUISES.

Wounding and bruising of **periosteum:** Ruta g.

Wounding and bruising of **nerves:** Hypericum Perf.

Wounding and bruising of **bone:** Calcium phos.

Black and blue spots from bruises or blows: Ledum p.